

CBT Assignment Sample

You will need–

- Lots of clothespins
- Your cock and balls
- A camera if you're brave enough to share your "masterpiece" with me....

Take off all of your clothes. Relax. Take a few nice, deep breaths. Sit on the floor with your legs bent up and spread. Beginning at the base of your cock, and affix the clothespins...start close to your anus, and place one clothespin after another, keeping them as close as you possibly can. Use as many clothespins as you can to your balls and bring them up to the head of your cock. It should look almost like a "mohawk". When you have all of the clothespins attached to your cock/balls as you can fit, lie on your back and stay there for at least ten minutes more. As you're lying there, all prettily decorated like that, concentrate on what is going through your mind. What are you thinking about? How does this make you feel? Physically, emotionally? Take a picture of your new "art project". Do not exceed twenty minutes with the clothespins on your body.

When the 10 to 20 minutes are up, remove the clothespins. If you're a genuine painslut, go ahead and pull them off quickly! Remember, taking clothespins *off* of your body will hurt a hell of a lot more than putting them on. Relish in these sensations and tell me what that felt like. Then with your hands, get yourself off. How does your orgasm feel after you subjected your cock and balls to a bit of torment?